



**GIISHKAANDAGO'IKWE**  
HEALTH SERVICES

**SERVICE REPORT  
QUARTER 03**

OCTOBER 2023 – DECEMBER 2023



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## COMMUNITY HEALTH HIGHLIGHTS

- 5520 Client Encounters.
- School immunizations are now underway to continue catching up students.
- Respiratory Syncytial Virus (RSV) vaccine planning and implementation as the Ministry of Health expanded the eligibility requirements to include indigenous individuals including urban dwellings.
- Community Health Team provided naloxone training to 48 participants in Onigaming First Nation.

**# of Individual Clients receiving Service April 1 - Dec 31: 1139**

<b>Client Encounters April 1 - Dec 31</b>	
<b>Types of Contact</b>	<b># of Encounters</b>
Nasal Spray Naloxone Kits	108
Immunizations Given	1913
Communicable Disease Follow Up	25
Sexual Health Services	16
CPNP Clients	63
Canadian Prenatal Nutrition Program (CPNP) Vouchers Distributed	1206
Milk Coupons	3708

# PUBLIC HEALTH

## ENVIRONMENTAL PUBLIC HEALTH HIGHLIGHTS

- 139 community visits.
- Our Environmental Public Health Officer conducted 26 inspections this quarter, which included 22 inspections of community care settings and food establishments, 4 housing units and 2 new septic system installations.
- During this period, 8 boil water advisories were issued and 8 were rescinded.
- Our team notified 94 food, health and Important consumer recall notices/warnings to all communities we service.
- The team compiled an Annual Water Quality report on each community that contained supplementary information. 9 out of 10 of the communities were provided this report.
- Our team continued to provide supplies for all 10 First Nations community water operators for in-house testing.
- There was 4 community group projects this quarter.

<b>Direct Encounters April 1 - Dec 31</b>	
<b>Types of Contact</b>	<b># of Encounters</b>
Environmental Public Health Inspections (housing, premises, & septic installations)	26
Boil Water Advisories Issues	17
Boil Water Advisories Lifted	17
Animal Bite Investigations	21
Community Consultations	156
Bacteriological Analysis Samples	328
Quarterly Chemistry Water Samples	209
Additional Water Samples Obtained by Request	134
Lead in Drinking Water Samples	103
Comprehensive Annual Sampling	100

# HOME AND COMMUNITY CARE

## HCC, FOOT CARE & DIABETES HIGHLIGHTS

### HOME & COMMUNITY CARE

- The entire Home and Community Care, Foot Care and Diabetes teams attended an education session on the identification of elder abuse.

**# of Individual Clients receiving Service April 1 - Dec 31: 346**

### Client Encounters April 1 - Dec 31

Types of Contact	# of Encounters
Wound Assessments	1695
Home Making Assessments/Follow Up	213
End of Life Care	336
Nursing Treatments and Procedures	3635
Respite	35
Healed Wounds	119

# HOME AND COMMUNITY CARE

## HCC, FOOT CARE & DIABETES - CONT'D

### FOOT CARE

- Received support to supply qualifying individuals with quality footwear for the prevention of foot complications from the North Western Lower Limb Preservation Strategy.

**# of Individual Clients receiving Service April 1 - Dec 31: 410**

Types of Contact	# of Encounters April 1-Dec 31
Foot Care Services	1180
Debridement	350

### DIABETES EDUCATION

- Have been actively engaged in Grand Council Treaty 3's Diabetes Strategy

**# of Individual Clients receiving Service April 1 - Dec 31: 179**

Types of Contact	# of Encounters April 1-Dec 31
Diabetes Clinics	90
Food Boxes Delivered	180
Diabetes Education Assessments	722

# MATERNAL CHILD HEALTH

## CHILDRENS ORAL HEALTH INITIATIVE HIGHLIGHTS

- Resumption of preventative dental services for children up to grade eight attending Mikinaak Onigaming, Pegamigaabo, and Zhingwaako Zaaga'Iganing schools kept the COHI team very busy throughout third quarter.
- Had the opportunity to participate in the Bear Grease Rendering workshop led by Edward Atatise at Zhingwaako Zaaga'Iganing School.
- Additionally, the COHI team continued to support children in accessing dental care through their Group Dental Funding. To date, support has been provided to 19 children, who have either received or are waiting for dental services.
- To acknowledge the efforts of the community COHI aides, the COHI team celebrated the holiday season by hosting a Christmas luncheon at La Place Rendezvous with the aides on November 30, 2023. We were grateful to have Lavana Fox join us for a traditional opening and lead us through a dream catcher making workshop.



Carsten Bateman:  
Mishkosimiziibiing  
COHI visit



Bear Grease Rendering  
with Edward Atatise

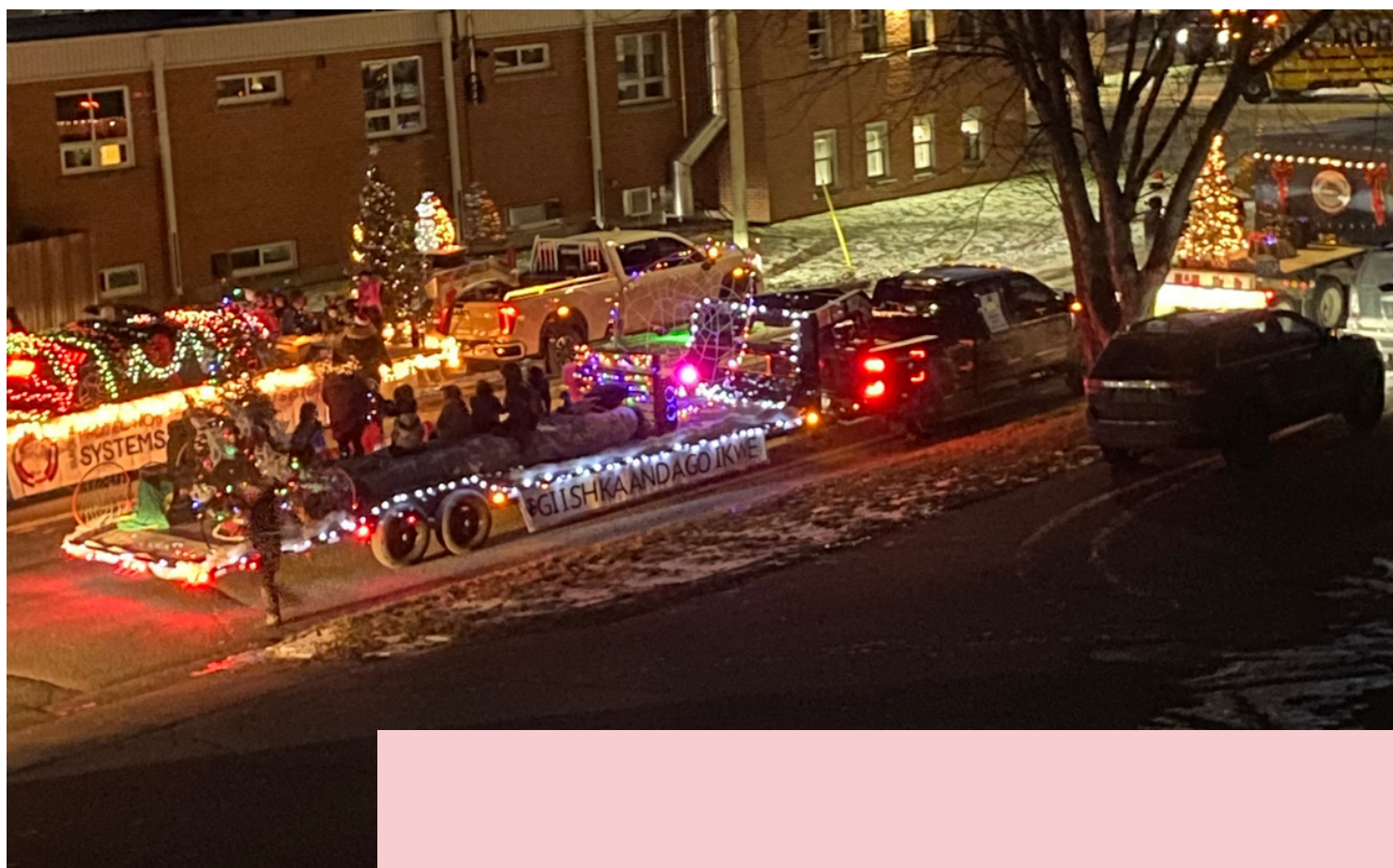
**# of Individual Clients receiving Service  
April 1 - Dec 31: 245**

Client Encounters April 1 - Dec 31	
Types of Contact	# of Encounters
Screenings	239
Fluoride Varnish Applications	309
Dental Sealants	49
Temporary Fillings	49
Silver Diamine Fluoride Applications	17
Dental Referrals	107

# MATERNAL CHILD HEALTH

## CHILD'S FIRST INITIATIVE HIGHLIGHTS

- CFI participated in the Kiwanis Christmas Parade on December 2, 2023 and the theme of the float was "Winter Dreams." Families from Onigaming and Seine River participated with the CFI team on the float. Elder Mooki Morrison provided a teaching to the families on dreams and Dream Catchers and families enjoyed pizza, hot chocolate, and crafts before the parade.
- On October 22, 2023 CFI celebrated Jordan River Anderson's birthday as Jordan's Principle is named in honour of Jordan River Anderson. Birthday party packages were distributed to families in communities to celebrate and honour Jordan.



Float entered into the Kiwanis Christmas Parade December 2023



# MATERNAL CHILD HEALTH

## CHILD'S FIRST INITIATIVE - CONT'D

**Direct Individual Clients receiving Service April 1 - Dec 31: 353**

<b>Client Encounters April 1 - Dec 31</b>	
<b>Types of Contact</b>	<b># of Encounters</b>
Family Navigator / Case Management Client Encounters	1653
Infant Child Development Family Navigator / Case Management Encounters	1078
Speech Therapy Client Encounters	1046
Children's Mental Health Therapy Client Encounters	573
Physiotherapy Client Encounters	218
Behaviour Support Client Encounters	525
Dietitian Client Encounters	321
Occupational Therapy Client Encounters	1528

## INDIGENOUS MIDWIFERY HIGHLIGHTS

- Four families have been supported in traditional Midwifery care since contracted services to Anishinaabe families and communities in Southern Treaty #3 started in August 2023.

**In December 2023, we celebrated the birth of the first baby to be supported by the Indigenous Midwifery program at Giishkaandago'lkwe Health Services.**

**Words from Elaine Ross, Anishinaabe Elder Midwife:**

*Juanita wanted to know more about my services and asked if I could be her midwife. She presented me with asema as this is Anishinaabe way of asking and I accepted. We continued on with texts and visiting while letting me know her interactions with her Doctor. We spoke about her challenges and how to overcome or address them with diet and exercise. I was also able to provide her with raspberry tea leaf to help her through.*

*I helped advocate for services through her band and to assist while she was sent to Fort Frances, 1.5 hours away from her home during Christmas. I too stayed in Fort Frances during Christmas to be close if she needed and for delivering. We were in constant contact during this time as her body started to show signs of labor. We were able to see the Doctor and make hospital visits to check her progress.*

*She was very excited but concerned and I continued to encourage her while in labor. We were able to have her family at the hospital which seemed to help so much. It was amazing how quickly she was able to progress and deliver her son. I sang welcoming song and stood back so the family could celebrate and embrace their new son. I am always so impressed with this moment and feel truly blessed with this ceremony of birth.*



First baby supported by the Midwifery Program  
Baby Cassius

**Miigwetch Juanita and family to share this time with you.**

# MATERNAL CHILD HEALTH

## INDIGENOUS MIDWIFERY HIGHLIGHTS - CONT'D

**# of Individual Clients receiving Service April 1 - Dec 31  
4 Families for Midwifery and 5 general support**

<b>Community &amp; Program Events Oct 1 to Dec 31</b>		
<b>Activity or Event</b>	<b>Location</b>	<b># of Participants</b>
Engagement and sharing session on Indigenous maternal and midwifery care	Nigigoonsiminikaaning	8
Engagement and sharing session on Indigenous maternal and midwifery care	Mitaanjigamiing	9
Community Health Booth	Big Grassy	n/a
Midwifery awareness and education	Big Grassy	5

## MENTAL HEALTH COUNSELLORS AND THERAPIST HIGHLIGHTS

- The Mental Health Counsellors and Therapist have participated in a total of 3 face to face Psychiatric Clinical Consultation and Education Sessions since April 1, 2023.

**# of Individual Clients receiving Service April 1 - Dec 31: 217**

<b>Direct Individual Contacts April 1-Dec 31</b>	
<b>Types of Contact</b>	<b># of Contacts</b>
Mental Health Contacts	927
Phone	352
Face to Face	368
Email/Internet	45
Correspondence	85
Text/Message	77

## LAND BASED COUNSELLORS HIGHLIGHTS

- Land Based Program has delivered land based programming within communities, at Behavioural Health Services, as well as collaborated to support services at the Mino Ayaa Ta Win Healing Centre clients during treatment and with after care planning and support services.
- The Land Based Counsellors have worked to support Cultural Community Support Worker led initiatives and broader agency initiatives.
- The Land Based Counsellors have responded to specific community requests to deliver programming in community such as:
  - Canoe Support, Land-Based Wellness Walks, CFN Canoe Training, RRFNS 150th Celebration Canoe Trip, Community Networking, Community Networking, Overdose Awareness Walk, Manoomin Harvest (Ricing), Smoked Tea Gatherings, Hunting (workers only)/Gathering and Cedar Bath Ceremonies (September 18, 19).
- At Behavioural Health Services, Land Based Counsellors supported Full Moon Ceremonies, Women's Drumming, Men's Drumming and supported preparation for the Sweat Lodge Ceremonies coordinated by the Cultural Community Support Worker.
- Both Land Based Counsellors Supported the Let's Talk Recovery Gagizhebaa Wiisinidaa Breakfast Buddies Program delivered July, August, and September.



Fall Harvest Preparations with Fort Frances High School

# MENTAL HEALTH

## Program Activities Oct 1 - Dec 31

Activity or Event	# of sessions	# of Participants
Processing Wild Rice	3	60
Fall Harvest Support RRFN	1	400
Fall Harvest Support High School	1	200
Gagizhebaa Wiisinidaa - Breakfast Program	2	11
Bear Grease Rendering Workshop	1	10
Medicine Gathering	1	2
Cedar Bath Ceremony	2	16
Full Moon Ceremony	2	8
Women's Handdrumming	5	52
Painting Workshop	1	7

# MENTAL HEALTH CARE

## CULTURAL COMMUNITY SUPPORT HIGHLIGHTS

- Our organization drum, Aazhawii Giizhik was requested for drumming at several events and ceremonies during the third quarter. These included:
  - Giishkaandago'lkwe Health Services Fall Ceremony.
  - Maamawi Wijiidaa Addictions Awareness Summit - 4 days (Couchiching & Rainy River First Nations).
  - Rainy River First Nations GCT#3 Traditional Grief Workshop - 2 days.
  - GCT#3 Educational Gathering Workshop in Winnipeg, Manitoba (3days).
  - GCT#3 Health Forum - Treaty 3 Chiefs Gathering.
- Our second agency drum was also requested and present for the following ceremonies:
  - Rainy River First Nation Fall Harvest
  - Giishkaandago'lkwe Health Services Fall Ceremony
- There were approximately a total of 1170 individuals in attendance at these events who heard the healing songs on our organization drums.

Program Activities Oct 1 - Dec 31		
Activity or Event	Session	# of Participants
Men's Drumming	5	61
BHS Open Sweatlodge Ceremony	6	125
Family/Special Requested Sweatlodge Ceremony	4	80
Community Based Sweatlodge Ceremony	5	77
Mino Ayaa Ta Win Sweatlodge Ceremony	2	22



Aazhawii Giizhik

# MINO AYAA TA WIN HEALING CENTRE

## RESIDENTIAL TREATMENT HIGHLIGHTS

- One 28 day treatment program was completed during third quarter.
- GCT3 Drug Task Force Workshop.
- MATW collaborated with Mishkosiminiziibiing First Nation and Anishinaabeg of Naongashiing to host 6 Introduction to Land Based Treatment sessions.
- 4 Sweatlodge ceremonies were held at MATW for interested participants and treatment alumni.
- Addictions Summit flag painting session at MATW with Josephine Wood on November 3, 2023.
- Staff Wild Rice roasting November 7 and 8, 2023.
- MATW open house on November 9, 2023.
- MATW staff supported the Addictions Summit during National Addictions Awareness Week
  - 2 MATW Staff members attended Addictions Recovery and Aftercare training from November 27 to December 1, 2023.

**# of Direct Client Encounters April 1 - Dec 31: 47**

**# of Client Contacts April 1 - Dec 31: 3153**

Program Activities Oct 1 - Dec 31		
Event (description)	Location	# of Participants
MATW Sweatlodge Ceremony (Oct 19)	Mino Ayaa Ta Win	13
MATW Sweatlodge Ceremony (Oct 26)	Mino Ayaa Ta Win	3
MATW Sweatlodge Ceremony (Nov 02)	Mino Ayaa Ta Win	9
MATW Open House/Sweatlodge Ceremony (Nov 9)	Mino Ayaa Ta Win	11



# MINO AYAA TA WIN HEALING CENTRE

## RESIDENTIAL TREATMENT - CONT'D

### Program Activities Oct 1 - Dec 31 Continued

Event (description)	Location	# of Participants
Community Addictions Session (Oct 17)	Anishinaabeg of Naongashiing	3
Community Addictions Session (Oct 18)	Anishinaabeg of Naongashiing	3
Community Addictions Session (Oct 24)	Anishinaabeg of Naongashiing	3
Community Addictions Session (Oct 25)	Anishinaabeg of Naongashiing	3
Community Addictions Session (Oct 31)	Anishinaabeg of Naongashiing	3
Community Addictions Session (Nov 01)	Anishinaabeg of Naongashiing	3

## WITHDRAWAL MANAGEMENT SERVICES

**# of Direct Client Encounters April 1 - Dec 31: 95**

Types of Contact	Q1-Q3 (April 1-Dec 31)
Admissions, Bed Inquiries, Case Conferencing, Case Management, Education, Medication Management, Family Support, Treatment Inquiries	8672

# MINO AYAA TA WIN HEALING CENTRE

## RAPID ACCESS ADDICTIONS CLINIC HIGHLIGHTS

- GCT3 Drug Task Force Workshop October 16 and 17, 2023.
- Regional RAAM Design Days event in Thunder Bay November 15-17, 2023.
- Presentation at Maamawi' Wiji'ididaa Addiction Summit – National Addictions Awareness Week November 21-25, 2023.
- Presentation in Naicatchewenin First Nation during their National Addictions Awareness Day event November 22, 2023.
  - Presentation on the services offered at MATW in Nigigoonsiminikaaning First Nation on December 6, 2023.

**# of Direct Client Encounters April 1 - Dec 31: 594**

Types of Contact	# of Contacts
Education, medication management ,RAAM Clinic, RAAM Follow Up, specimen collection, sublocade injections, referrals/linkages	2098

Community Events Oct 1 - Dec 31		
Event (description)	Location	# of Participants
MATW/RAAM presentation for National Addictions Awareness Week	Naicatchewenin First Nations	9
RAAM Presentation at Maamawi' Wiji'ididaa Addiction Summit	Couchiching FN, Kay Nah Chi Wah Nung Historical site	75
RAAM Presentation	Nigigoonsiminikaaning First Nation	7

# SOCIAL EMERGENCIES

## SOCIAL EMERGENCY COORDINATOR HIGHLIGHTS

- Fire Prevention Week: The Social Emergencies program provided a total of 220 Smoke Detectors throughout each of the communities.
  - Each included a Fire Escape Plan template and Smoke Alarm safety tips (220 total).
- Winter Readiness Campaign: Social Media posts were shared to raise awareness about winter hazards.
  - 10 Vehicle Roadside Safety kits were provided to each of the 10 communities (100 total).
- Maamawi' Wiji'ididaa Addiction Awareness Summit: The summit was held in Couchiching First Nation and Rainy River First Nations with 368 participants. The event brought together community members, elders, individuals in recovery, those struggling with active addiction and service providers to share stories of addiction and recovery.
  - Naloxone Kits, Fentanyl Testing Strips and Personal Hygiene products were provided to those in need.
- Distribution of Automated External Defibrillator: 11 AED's were supplied to communities in need by the social emergencies program.
  - These AED's were placed in buildings currently without and/or to replace existing broken machines.

<b>Group Activities Oct 1 - Dec 31</b>	
<b>Activity</b>	<b># of Participants</b>
Community Crisis Response	22
Community Crisis Response	12
Community Crisis Response	8

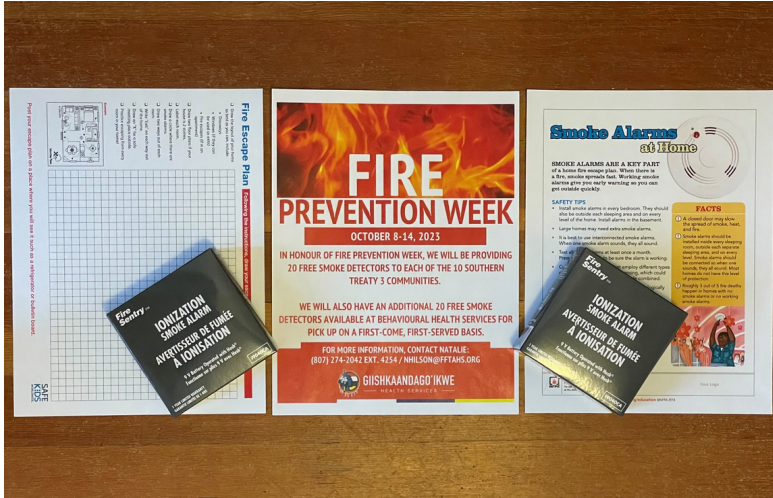
# SOCIAL EMERGENCIES

## SOCIAL EMERGENCY COORDINATOR - CONT'D

<b>Community Events Oct 1 - Dec 31</b>		
<b>Event (description)</b>	<b>Location</b>	<b># of Participants</b>
Addiction Awareness Summit	Couchiching First Nation	212
Addiction Awareness Summit	Rainy River First Nation	268
Emergency First Responder Team Training	Big Grassy	5
Emergency First Responder Team Training	Stanji	7
Emergency First Responder Team Training	Manitou	10
Emergency First Responder Team Training	Big Island	2
Mental Health First Aid Training	Onigaming	13

# SOCIAL EMERGENCIES

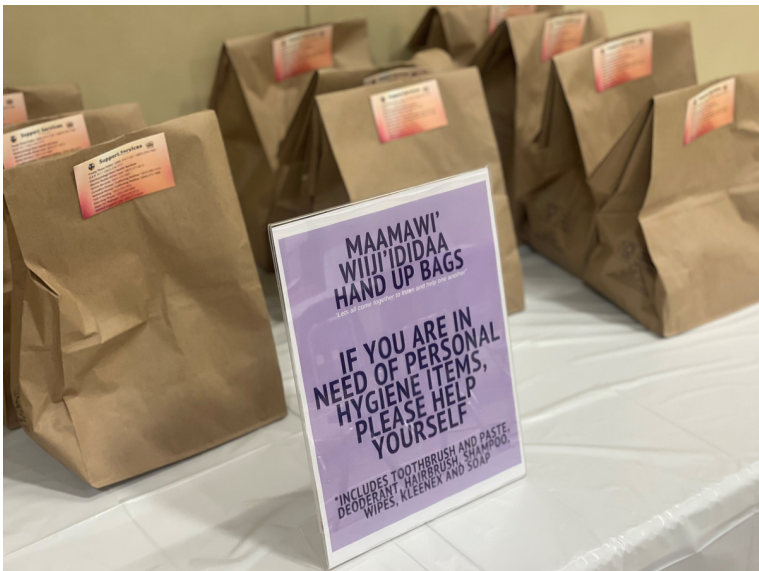
## SOCIAL EMERGENCY COORDINATOR - CONT'D



Fire Prevention Week Giveaways



Mental Health First Aid Training in Onigaming



Hygiene Kits Distributed to Those in Need



AED's Distributed to Communities

# SOCIAL EMERGENCIES

## MENTAL WELLNESS HIGHLIGHTS

- Ribbon Skirt Making:
  - 9 Participants joined the Mental Wellness team to create ribbon skirts. Materials were provided and participants joined in guided sewing session. Participants ranged from beginner to intermediate in sewing experience.
- Fort Frances High School Fall Harvest:
  - The Mental Wellness Team collaborated with the FFHS to run a Fall Harvest for Grade 7 & 8 students at the high school. Approximately 150 people attended the event. Students attended each station which included Wild Rice Processing, Fish Cleaning and Frying, Drumming, Fire Making and Bannock on a Stick.

<b>Direct Individual Client Contacts April 1 - Dec 31</b>	
<b>Types</b>	<b># of Contacts</b>
Face to Face Client Contact	36
Community Crisis Response	83
Mental Health Direct Line Coverage	254

<b>Community Events (Oct 1 - Dec 31)</b>		
<b>Event (description)</b>	<b>Location</b>	<b># of Participants</b>
Non Violent Crisis Intervention	Naicatchewenin	14

# SOCIAL EMERGENCIES

## MENTAL WELLNESS - CONT'D

<b>Group Activities Oct 1 - Dec 31</b>		
<b>Activity</b>	<b># of Sessions</b>	<b># of Participants</b>
Community Sharing Circles	3	21
Mental Wellness Group Activity	5	52
Community Based Youth Wellness Activity	2	36
IRS Survivor Counselling Support	1	15
Wild Ricing	2	62
Fall Harvest	2	264
Crisis Debriefing	3	29
Community Outreach	4	67
Nishmas	10	353
Community Halloween Activity	3	62

# SOCIAL EMERGENCIES

## MENTAL WELLNESS - CONT'D



Josh Councillor Pouring Roasted Rice and Husks into the Thrashing Machine



Victor Armit Cutting Fish to be Prepared to Eat



# SOCIAL EMERGENCIES

## MEMENGWAAWAG ANTI-HUMAN TRAFFICKING HIGHLIGHTS

- Labour Trafficking Presentation and Mobile Clinic:
  - The Memengwaawag Program brought in the FCJ Refuge group for a Service Provider Training and Mobile Clinic for migrant workers.
- International Day to Eliminate Violence Against Women:
  - The Memengwaawag Program hosted a Women’s Sharing Circle with an Elder and Women’s Hand Drummers in attendance.
- Community Outreach:
  - Supports and resources were offered at two local locations that are known to have a high traffic of vulnerable and at-risk individuals. Personal Hygiene Supplies, Food and Human Trafficking Resources were provided to over 20 current and/or potential service users.
- Outreach Christmas Dinner:
  - 45 hot Christmas Dinners were delivered to The Family Center where transient individuals attend for shelter. Guests received a full Christmas Dinner, Crafts, and a specialized Christmas card with the signatures of the BHS Staff. Our Cultural Coordinator Carla Sutherland attended and set up a smudge table for all guests to utilize.
- Development of Supportive Documentation:
  - A Human Trafficking Full Assessment was created and developed for all service users to receive training on assessing victims of Human Trafficking.

**# of Direct Client Encounters April 1 - Dec 31: 303**

<b>Direct Individual Client Contacts April 1 - Dec 31</b>	
<b>Types</b>	<b># of Contacts</b>
Face to Face Crisis Support	21
Community Outreach Client Support	90

# SOCIAL EMERGENCIES

## MEMENGWAAWAG ANTI-HUMAN TRAFFICKING - CONT'D

### Group Activities Oct 1 - Dec 31

Activity	# of Sessions	# of Participants
Outreach Support	2	40
Be The Voice Committee Meeting	1	16

### Community Events Oct 1 - Dec 31

Event (description)	# of Sessions	# of Participants
Community Based Adult Human Trafficking Presentations	1	9
Human Trafficking Lunch and Learn	1	7
Labour Trafficking Training	2	17
Human Trafficking Awareness Events	2	121



Red MMIWG2S+ Tree Lighting Ceremony

# MIIGWECH!



## REFERRALS OR INQUIRE

To make a referral or to further inquire about any of the Giishkaandago'ikwe Health Services programs or services, please contact:

### **Mino Aya Ta Win Healing Centre**

Telephone: (807) 274-7373

### **Mental Health & Cultural and Community Supports**

Telephone: (807) 274-2042



## CONTACT US

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